ELSEVIER

Contents lists available at ScienceDirect

# Carbohydrate Polymers

journal homepage: www.elsevier.com/locate/carbpol



# Drug release from calcium and zinc pectinate beads: Impact of dissolution medium composition

Ali Assifaoui a,b,\*, Odile Chambin a,b, Philippe Cayot b

- <sup>a</sup> AgroSup EMMA 1 Esplanade Erasme, 21000 Dijon, France
- <sup>b</sup> Faculty of Pharmacy, Université de Bourgogne, 7 bd Jeanne d'Arc, 21079 Dijon, France

# ARTICLE INFO

Article history:
Received 21 October 2010
Received in revised form
11 December 2010
Accepted 22 February 2011
Available online 1 March 2011

Keywords:
Pectinate beads
Calcium
Zinc
Drug release
Swelling
Dissolution medium
Phosphate buffer

#### ABSTRACT

The aim of this study was to investigate drug release from calcium and zinc pectinate beads and to understand the impact of medium electrolytes during drug transfer. A potential drug carrier for colonic drug delivery (rutin) was prepared with calcium and zinc pectinate beads and was tested in three different simulated intestinal fluids (pH 7.3) with phosphates (Sorensen's and Mc Ilvaine's buffers) and without phosphates (Tris-buffer). According to swelling studies and zinc ions release, it was showed that zinc ions keep adhering to the bead surface. Drug release and swelling behaviour from the two dosage forms depend not only on pH and ionic strength but also on the electrolytes there were in the dissolution medium. In calcium pectinate beads, rutin release was faster when phosphate buffers were used because precipitates (CaHPO<sub>4</sub>) were formed. This precipitate has a pumping effect on the calcium ions, destabilizing the gel structure and enhancing rutin release. In the case of zinc pectinate beads, two kinds of precipitate can be developed depending on the electrolytes composition. The development of  $Zn_3(PO_4)_2$  with a coating property reduced rutin release (Sorensen's buffer). On the other hand, development of  $Zn_3(PO_4)_4$  has the pumping effect of zinc ions coming from the beads which increased rutin release (Mc Ilvaine's buffer).

© 2011 Elsevier Ltd. All rights reserved.

# 1. Introduction

Targeting drugs to the colon by the oral route can be achieved through different approaches including time-, pH-, enzyme-, or pressure-controlled systems (Sinha & Kumria, 2001; Vandamme, Lenourry, Charrueau, & Chaumeil, 2002; Yang, Chu, & Fix, 2002). Before their local or systemic absorption in the colon, drugs must first of all pass through the stomach (pH $\sim$ 1-2.5), duodenum (pH $\sim$ 6), jejunum (pH $\sim$ 5.5–6.8) and caecum (pH $\sim$ 6.8–7.3) (Vandamme et al., 2002). To ensure specified delivery and good absorption of the drug in the colon site, the dosage form must be formulated by taking into consideration the gastrointestinal tract (large pH variations, enzymes, biliary salts). Low methoxy pectin, a polysaccharide, has the possibility to form gels in presence of some divalent cations (calcium or zinc). It delays drug release in the upper gastrointestinal tract because of its insolubility (Sriamornsak & Nunthanid, 1998). Pectin is a hydrophilic linear polysaccharide extracted from plant cell walls, composed of long sequences of partially methyl-esterified (1–4)-linked  $\alpha$ -D-galacturonic residues interrupted by defects of other neutral sugars such as D-xylose, D- glucose, L-rhamnose, L-arabinose and D-galactose. Pectin is usually characterized by its degree of esterification (DE) and in some case by its degree of amidation (DA) which are both expressed as a percentage of esterified and amidated carboxyl groups respectively (Capel, Nicolai, Durand, Boulenguer, & Langendorff, 2006).

In recent years, pectinate beads obtained by ionotropic gelation using divalent cations such as calcium or zinc ions have shown promising forms for colonic drug delivery (Atyabi, Majzoob, Iman, Salehi, & Dorkoosh, 2005; Bourgeois, Gernet, Pradeau, Andremont, & Fattal, 2006; Chambin, Dupuis, Champion, Voilley, & Pourcelot, 2006; El-Gibaly, 2002; Sriamornsak, 1998; Sriamornsak & Kennedy, 2007). It was demonstrated that pectinate beads are less sensitive to simulated gastric fluid pH and they are completely degraded by colonic pectinolytic enzymes (Chambin et al., 2006). A previous study (Chambin et al., 2006) showed that ketoprofen release from calcium beads (CPG) and zinc beads (ZPG) occurred in free enzyme simulated intestinal fluid and that the release from zinc pectinate beads was lower, which concurs with El-Gibaly's work (El-Gibaly, 2002). Atyabi et al. (2005) also showed that the release of Coomassie Brilliant Blue from CPG and ZPG in phosphate buffer (pH 7.3) without enzymes was lower and delayed for zinc pectinate beads. Previous studies of pectinate films (Assifaoui, Loupiac, Chambin, & Cayot, 2010; Wellner, Kacuráková, Malovíková, Wilson, & Belton, 1998) showed that the nature of divalent cations used as cross-linking agents can affect the molecular structure of pectin

<sup>\*</sup> Corresponding author at: Faculty of Pharmacy, Université de Bourgogne, 7 bd Jeanne d'Arc, 21079 Dijon, France. Tel.: +33 380393214; fax: +33 380933300. E-mail address: ali.assifaoui@u-bourgogne.fr (A. Assifaoui).

network. This may explain the differences in the dissolution profiles between calcium and zinc pectinate beads as observed by several authors (Atyabi et al., 2005; Chambin et al., 2006; El-Gibaly, 2002). The difference in structure between calcium and zinc pectinate networks could be responsible of the mucoadhesive properties observed in ZPGR. According to Hagesaether, Bye, and Sande (2008), the mucoadhesive properties of pectinate beads can be related to the amount of zinc in the beads after swelling. Another parameter should be taken into account and may explain the difference in dissolution profiles between calcium and zinc pectinate beads, is the possible interaction between these dosage forms and dissolution medium electrolytes.

To predict in vivo performance, an in vitro dissolution test should be carried out in perfect sink condition, using a dissolution medium which is representative of physiological fluids in the human body (McConnell, Short, & Basit, 2008). It has been demonstrated that simulating only gastrointestinal pH was not sufficient to mimic the behaviour of the solid dosage form. The ionic composition and buffer capacity of gastrointestinal fluid must be taken into consideration too, (Boni, Brickl, & Dressman, 2007; Fadda, Merchant, Arafat, & Basit, 2009; Hörter & Dressman, 2001; McConnell et al., 2008; Vertzoni, Symillides, Iliadis, Nicolaides, & Reppas, 2003). Small intestinal luminal fluids are buffered by the bicarbonate secreted by the pancreas and intestinal epithelial cells. There are numerous other electrolytes in the luminal fluids (Na+, K+, Mg2+, Ca2+ and Cl<sup>-</sup>) and they play a role in modifying the water structure and drug solubility (Fadda & Basit, 2005). Bicarbonate buffer medium could be physiologically used as a relevant medium for the fasted small intestine. But its suitability for dissolution testing is limited by a difficulty to use the bicarbonate buffer and a poor capacity to reproduce this medium (Boni et al., 2007) because of the continuous rise in pH through evaporation of CO<sub>2</sub> (Fadda et al., 2009). It was demonstrated (Chan, Boswell, & Zhang, 2001; Fadda & Basit, 2005; Ibekwe, Fadda, Parsons, & Basit, 2006) that physiological buffers such as Hanks or Krebs buffers simulate better the intestinal fluid and can be used in this study. However, these buffers contain additional electrolytes such K<sup>+</sup>, Mg<sup>2+</sup>, SO<sub>4</sub><sup>2-</sup> and Ca<sup>2+</sup> which can have an influence on the dissolution of drug release. Despite evidence of the influence of the dissolution medium composition on drug release, a phosphate buffer medium (KH<sub>2</sub>PO<sub>4</sub>-Na<sub>2</sub>HPO<sub>4</sub>) is still often used in dissolution testing.

In this study, calcium and zinc pectinate beads containing rutin were prepared by ionotropic gelation method. Rutin is a common dietary flavonoid with a wide range of biological and pharmaceutical properties such as free radical scavenging and suppression of cellular immunity. Because rutin is hydrolyzed to its aglycone quercetin by the  $\beta$ -glysosiase enzymes of the colonic microorganisms, both rutin and quercetin have been shown to inhibit tumour development in animal cancer models (Deschner, Ruperto, Wong, & Newmark, 1991; Kim et al., 2005). The drug release of the rutin molecule entrapped in these two matrices was assessed in vitro in three different dissolution media (pH=7.3) with phosphates (Sorensen's and Mc Ilvaine's buffers) and without phosphates (Trisbuffer). To better understand the drug release mechanisms from these two dosage forms as a function of the dissolution medium, complementary studies such as swelling measurements, dissolution calorimetry and cation content in beads during the dissolution test were carried out.

# 2. Materials and methods

# 2.1. Materials

Non amidated low methoxy pectin (Unipectin OF 300) with a degree of esterification ranging from 27% to 33% was a gift from

Cargill (France). This kind of pectin contains above 80% w/w of galacturonic acid. Rutin, an antioxidant used in this study as a model drug, was obtained from Sigma–Aldrich (France). Calcium chloride dihydrate (CaCl<sub>2</sub>·2H<sub>2</sub>O) and zinc chloride (ZnCl<sub>2</sub>) were purchased from Merck and VWR prolabo, respectively. All other chemicals were of analytical reagent grade and used as received.

# 2.2. Preparation of beads

Before use, low methoxyl pectin was purified according to the Yapo method (Yapo, 2009) which consists in washing the pectin with an ethanol solution (85%, v/v). The alcoholic suspension was then filtered and dried at 40 °C for 4h. The purified pectin (2 g) was then dispersed in 100 mL of acetate buffer (acetic acid/sodium acetate) at pH = 5 i.e. 1.5 pH-unit upper p $K_a$  of pectin carboxylic group so as to deprotonate the pectin carboxylic groups (R-COOH/R-COO<sup>-</sup>). An accurate amount of rutin (1 g) was added to this dispersion and stirred until it was homogenized. Pectinate beads were manufactured by an ionotropic gelation method (El-Gibaly, 2002). The dispersion  $(20 \,\mathrm{g}\,\mathrm{L}^{-1})$  and  $10 \,\mathrm{g}\,\mathrm{L}^{-1}$  of pectin and rutin, respectively) was added drop-wise into a gently stirred solution of the cross-linking agent (calcium chloride or zinc chloride at  $100 \,\mathrm{g}\,\mathrm{L}^{-1}$ ), which was pre-adjusted at pH = 5.5 using hydrochloride acid (1 M). The gelled particles thus formed were then allowed to remain in the cross-linking solution for 10 min. Then, the particles were washed with deionized water and dried at 37 °C for 48 h in a drying-room (relative humidity of 40%). Calcium and zinc pectinate beads containing rutin were called CPGR and ZPGR, respectively.

# 2.3. Swelling measurements

Both CPGR and ZPGR beads were weighed (25 mg) and then placed in different glass test tubes containing 10 mL of the three dissolution media (Sorensen's, Mc Ilvaine's and Tris buffers). They were allowed to swell for a definite period of time at room temperature. The beads were periodically removed and drained with filter paper to remove excess water. Then the change in weight was measured until mass equilibrium had been achieved. The swelling ratio (SR) was calculated using the following formula:

$$%SR = \frac{w_t - w_0}{w_0} \times 100$$

where  $w_t$  is the weight of the beads at a specific time point and  $w_0$  is the initial weight of the dry beads.

# 2.4. Dissolution studies

Rutin release from the two different beads were performed *in vitro* using a rotating paddle dissolution apparatus (Erweka DT-6) at 50 rpm and  $37\pm0.2\,^{\circ}\text{C}$ . An accurate amount (200 mg) of CPGR or ZPGR beads was introduced into a container with 1 L of dissolution medium. Rutin release was assessed at pH=7.3 in three buffers: Sorensen's buffer corresponding to a potassium-sodium hydrogeno- and dihydrogenophosphate buffer, Mc Ilvaine's that is a sodium citrate and hydrogenophosphate buffer and Tris-buffer that is a chloride Tris-(hydroxymethyl) aminomethane buffer. The composition of the different buffers is presented in Table 1. The rutin release from these two forms was assayed at various time intervals through UV spectrophotometry at 268 nm up to 5 h.

# 2.5. Dissolution calorimetry

In order to understand and quantify the heat of interactions which may occur when pectinate beads (CPGR or ZPGR) are in contact with the three different buffers, dissolution calorimetry measurements were carried out isothermally  $(37 \pm 0.1 \, ^{\circ}\text{C})$  in a DSC

**Table 1**Composition of the buffer systems studied.

| Buffer component (mM)   | Sorensen | Mc Ilvaine | Tris |
|---|----------|------------|------|
| H <sub>2</sub> PO <sub>4</sub> <sup>-</sup>                                 | 13       |            |      |
| HPO <sub>4</sub> <sup>2-</sup>  | 53       | 182        |      |
| Na <sup>+</sup>   | 106      | 362        |      |
| K <sup>+</sup>  | 13       |            |      |
| Citric acid: C <sub>6</sub> H <sub>8</sub> O <sub>7</sub> ·H <sub>2</sub> O |          | 9          |      |
| Tris(hydroxymethyl) aminomethane  |          |            | 50   |
| HCl   |          |            | 44   |

III (Setaram Instrumentation, France) fitted with a two-cell mixing system. In this experiment, the liquid (dissolution medium) and the bead (10 mg) were placed separately in the special cell by a cover. The whole was then introduced in the calorimeter and thermally stabilized for at least 1 h. After getting a stable baseline, measurement was initiated by pushing the lid allowing contact between the beads and the medium. The released or absorbed heat was measured in relation to a reference cell containing the same amount of liquid without the beads. A calorimetric curve was obtained and the data were treated for baseline corrections. The area under the curve was integrated yielding the absorbed or released heat (J/g) during the experiment. All the measurements were done at least in triplicate.

# 2.6. Calcium and zinc analysis

During dissolution tests, the amount of calcium and zinc released was collected in the dissolution medium, each hour and was determined by atomic absorption spectroscopy (ContrAA 700, Analytik Jean, Germany).

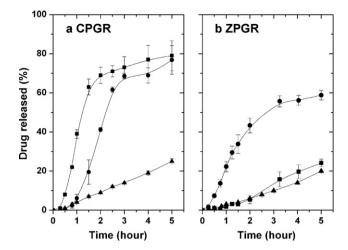
#### 2.7. X-ray diffraction

During the dissolution test, precipitate compounds were obtained from CPGR and ZPGR. These compounds were collected and dried at 105 °C for 24 h. They were then studied by X-ray diffractions (XRD) through a Siemens D5000 diffractometer, using CuK $_{\alpha}$  ( $\lambda$  = 1.5406 Å) radiation and an INEL CPS 120 curved detector. The X-ray patterns were recorded in the  $2\theta$  range 5–60° with a scan rate of 0.5° min $^{-1}$ .

#### 3. Results

The dissolution profiles from CPGR and ZPGR beads in different dissolution media are presented in Fig. 1. The release profiles for both calcium and zinc beads are strongly affected by the dissolution media compositions. In Tris-buffer, rutin release was lower than in the other buffers and no significant difference in CPGR and ZPGR dissolution profiles was observed. In Mc Ilvaine's buffer, the release profiles were different from CPGR and ZPGR; however, in these two forms 60% of rutin release was achieved after 3 h of dissolution test. In Sorensen's buffer, rutin release was slower for ZPGR than it was in CPGR.

The swelling behaviour of the two formulations in different dissolution media was different (Fig. 2). Positive swelling ratio refers to the overall swelling and weight gain of beads with water absorption, while negative swelling percentage and downward trend signals the erosion and/or drug release of beads. In CPGR beads, swelling seems to be higher and buffer-dependent (Fig. 2a), while in ZPGR beads, swelling is lower and almost similar irrespective of dissolution medium (Fig. 2b). When Mc Ilvaine's buffer was used, two phases were observed: a swelling phase followed by rapid erosion, occurring after 15 and 60 min for ZPGR and CPGR, respectively. In Sorensen's buffer, the swelling rate and swell ratio were higher in

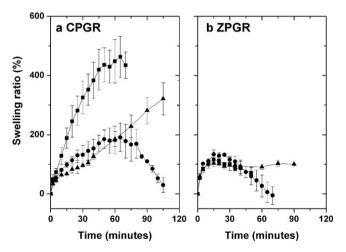


**Fig. 1.** Release profiles of rutin from calcium and zinc pectinate beads at fixed pH = 7.3 in three different buffers: square: Sorensen's, circle: Mc Ilvaine's and triangle: Tris-buffer.

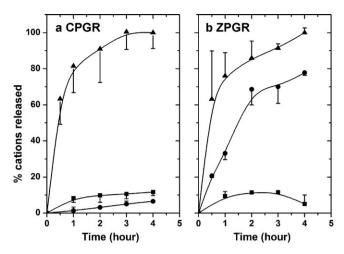
CPGR than in ZPGR. For Tris-buffer, CPGR beads swelled gradually while the swelling of ZPGR beads was stopped after 15 min.

Calcium and zinc release from both CPGR and ZPGR beads during dissolution tests in different dissolution media were measured (Fig. 3). Results showed that calcium and zinc release were also buffer-dependent. The amount of released calcium was 10 times higher with Tris-buffer than with the other buffers (Fig. 3a). Zinc release from ZPGR was higher in Tris-buffer than it was with Mc Ilvaine's. The amount of released zinc in Sorensen's was the lowest of all (Fig. 3b). The low release of calcium in the two buffers (Sorensen's and Mc Ilvaine's) and zinc in Sorensen's buffer can be explained by the possible interaction with the electrolytes present in the dissolution medium which induce a non-soluble complex development.

It was demonstrated that swelling/dissolution can be investigated using a calorimetric method (Conti, Gaisford, Buckton, & Conte, 2006). The kinetic thermograms for the two dosage forms in three different dissolution media were measured (data not shown). Whatever the dissolution medium and the dosage form, an exothermic peak was observed with different shapes and intensities. This exothermic peak which appears when beads are in contact with the dissolution medium represent the sum of all the events occurring in the vessel during the measurement period. These events include hydration, swelling, interactions with dis-



**Fig. 2.** Swelling behaviour of calcium and zinc pectinate beads in three different buffers: square: Sorensen's, circle: Mc Ilvaine's and triangle: Tris-buffer.

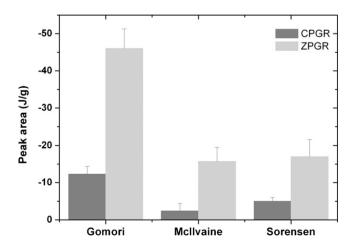


**Fig. 3.** Calcium and zinc release from both CPGR and ZPGR beads in function of dissolution medium: square: Sorensen's, circle: Mc Ilvaine's and triangle: Tris-buffer.

solution medium, drug dissolution and/or crystallization (Arnot, Minet, Patel, Royall, & Forbes, 2004; Conti et al., 2006; Marabi et al., 2007). The exothermic peak area was calculated and is reported in Fig. 4. For CPGR, the peak area was lower than the ZPGR, whatever the dissolution medium that was used. For Tris-buffer, the peak area was 4 times higher in ZPGR than in CPGR (-46 and -12 J/g, respectively).

# 4. Discussion

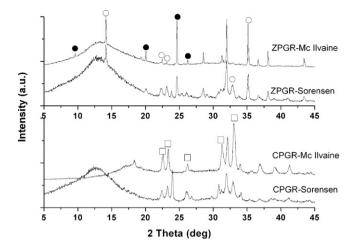
The drug release process from a dosage form can have many causes, such as water penetration into the dosage form, drug and excipient dissolution, changes in drug rate after altered microenvironmental conditions (e.g. pH and ionic strength), diffusion of drugs out of the dosage form in function of the time (Siepmann & Siepmann, 2008). In calcium and zinc pectinate beads, rutin release was buffer-dependent. In Sorensen's buffer, rutin release was slower for ZPGR than it was in CPGR (Fig. 1). This last result is similar to those observed in the literature (Atyabi et al., 2005; Chambin et al., 2006; El-Gibaly, 2002). In phosphate buffer (KH<sub>2</sub>PO<sub>4</sub>/NaOH, pH 7.3), ketoprofen release from zinc pectinate gel beads was lower in comparison to calcium pectinate beads (Chambin et al., 2006). The authors have attributed these differences to the degree of crosslinking between the two gel types, which could affect the



**Fig. 4.** Peak area (J/g) calculated from the calorimetric dissolution for CPGR and ZPGR in the three dissolution media.

swelling rate of the beads during drug release and consequently the penetration of the solvent into the microparticles.

In Tris-buffer, rutin release (Fig. 1) was similar in both CPGR and ZPGR although the swelling behaviour was different (Fig. 2). CPGR beads are still swelling even after 60 min while ZPGR swelling stops after 15 min. Calorimetry studies showed that when ZPGR beads were in contact with Tris-buffer, an exothermic peak was observed; it was 4 times higher than in the CPGR peak (Fig. 4). Since no insoluble complex was observed in Tris-buffer during the dissolution test, it may be assumed that no interactions occurred between cross-linking cations and the buffer constituents. In this case, the differences observed of the swelling could only be attributed to the bead structure and to the calcium and zinc capacities to form different pectin networks. After 3 hours' dissolution, the zinc amount in ZPGR (0.25 mol/100 g of beads) was higher than calcium amount in CPGR (0.1 mol/100 g of beads). The stability of beads mainly depends on the amount of zinc and calcium retained in beads. Beads showed a sufficient stability if they contained a minimal concentration of zinc (0.08 mg/mg beads corresponding to 0.12 mol/100 g of beads (Khoder, Tsapis, Domergue-Dupont, Gueutin, & Fattal, 2010)). Beads were over 33% rutin and 66% (w/w) pectin which has 53% (w/w) of galacturonic units. The molar weight of a galacturonic unit (G) is 183 g/mol and therefore the number of moles in pectin is 0.3 mol/100 g of beads. The cation/G ratios for Ca<sup>2+</sup> and Zn<sup>2+</sup> were 0.33 and 0.83, respectively. According to the eggbox model (Grant, Morris, Rees, Smith, & Tho, 1973) 4 galacturonic units in pectin will interact with one divalent cation to form a stable gel which gives a cation galacturonic ratio equal to 0.25 (Braccini & Perez, 2001; Fang et al., 2008). This ratio was higher in the two dosage forms, which showed that all the amounts of cations were not inside the eggbox. The amount of cations which were on the outer layer of the eggbox is higher in zinc pectinate than it is in calcium pectinate. It may be assumed that zinc cations interact with fewer than 4 galacturonic units. Therefore, zinc ions keep located on the bead surface. Cross-linking pectin with zinc is likely to give a structure in which water cannot diffuse inside the network (as the swelling ratio was lower). Calcium ions set up stable interactions with carboxylate groups while the lower coordination of zinc ions prevents a structured gel to develop (Assifaoui et al., 2010). According to the swelling studies, the calcium pectin network could be more stable and more flexible: the swelling ratio keeps going without any degradation of the form as long as one hour (Fig. 2a). The small difference in the calcium galacturonic ratio between the experimental and the theoretical values (0.33 and 0.25, respectively) may be attributed to the presence of some calcium on the bead surface. The number of ions on the surface may be higher in ZPGR than in CPGR. The diffusion of these ions to the dissolution medium may contribute to the exothermic reaction that was observed during dissolution calorimetry. It was demonstrated that hydration, swelling and dissolution of water-soluble substances probably occur at the same time and can contribute to the observed peak (Arnot et al., 2004; Conti et al., 2006; Miyagawa, Ogawa, & Yamano, 1995). The polymer swelling in water is something very complex as it must be considered from the viewpoints of adsorption, absorption, permeation, diffusion, hydration, osmotic pressure, and other factors, (Miyagawa et al., 1995). During the first 5 min, since the drug release profiles were similar to one another, the major difference in the enthalpy values in CPGR and ZPGR (-46and -12 J/g, respectively) in Tris-buffer may be attributed to the swelling behaviour (Fig. 2), and/or to the high amount of zinc ions present on the surface beads (Fig. 3). A previous study (Miyagawa et al., 1995) showed that the swelling of seaweed food could be endothermic in some cases exothermic. The exothermic reaction triggered by the accompanying hydration of hydrophilic groups in the substance during the endothermic reaction is the sum of the dissolution of some soluble components and of the hydration of



**Fig. 5.** X-ray diffractions of precipitates which are formed at the end of the dissolution tests in phosphate buffers. The identification of different peaks was performed by comparing the diffraction patterns with JCPDS reference patterns. Empty squares, circles and black circles indicated CaHPO $_4$ ·2H $_2$ O (JCPDS file 09-0077), ZnHPO $_4$  (JCPDS file 37-0315) and Zn $_3$ (PO $_4$ ) $_2$ ·2H $_2$ O (JCPDS file 33-1474).

the insoluble skeleton of the polysaccharide. More experiments are necessary to determine the processes contributing to the origins of the observed exothermic reaction.

In Sorensen's and Mc Ilvaine's buffers, non-soluble complexes were observed during the dissolution test. In CPGR beads, the calcium release was very low (Fig. 3). Cations diffuse from the bead surface and then interact with the phosphate ions present in the dissolution medium to make a precipitate. In both buffers two types of phosphate ions are present  $(H_2PO_4^-)$  and  $HPO_4^{2-}$  with a high proportion of HPO<sub>4</sub><sup>2-</sup> for Mc Ilvaine's buffer (Table 1). Moreover, in both buffers, the released calcium from CPGR got quickly entrapped by phosphate ions inducing the creation of a calcium concentration gradient. Therefore, phosphate ions have a pumping effect on the calcium ions, destabilizing the gel structure and enhancing rutin release (Fig. 3a). However differences in the dissolution profiles and the swelling behaviour in Sorensen's and Mc Ilvaine's buffers came from the difference in the composition and buffer capacity of the dissolution media (Chan et al., 2001; Fadda & Basit, 2005; Hörter & Dressman, 2001; Vertzoni et al., 2003). It is noted that the p $K_a$  of phosphate ( $H_2PO_4^-/HPO_4^{2-}$ ) citrate and Tris are respectively 7.1, 6.4 and 8.2. All these p $K_a$ s vary at least by one unit around 7.3, which indicates that their buffer capacities are acceptable. During the dissolution test, rutin release is governed by the swelling ratio and the making of the precipitate. With Mc Ilvaine's buffer, the amount of phosphate ions was higher, then the precipitate formed faster inducing a limitation in the swelling rate (Fig. 2a). This kind of limitation may be responsible for the delayed rutin release as observed in Fig. 1a. In calorimetry studies (Fig. 4) the exothermic peaks are lower when dissolution medium contained phosphate ions (5 and 2.4 J/g for Sorensen's and Mc Ilvaine's buffers respectively). This can be explained by the formation of a non-soluble complex which is thermodynamically unfavoured (endothermic reaction). The precipitate formed during the dissolution test was collected, dried up and characterized using X-ray diffraction (Fig. 5). In the X-ray diffraction picture, most of the peaks were identified as peaks corresponding to formed crystals (CaHPO<sub>4</sub>·2H<sub>2</sub>O) following Eq. (1):

$$Ca^{2+} + HPO_4^{2-} + 2H_2O \rightarrow (CaHPO_4 \cdot 2H_2O)$$
 (1)

CaHPO $_4\cdot$ 2H $_2$ O can easily be formed in aqueous solutions, using sodium phosphate and potassium phosphate and aqueous solutions containing calcium ions at room temperature, followed by drying at 37 °C (Tas & Bhaduri, 2004). It is noted that the solubil-

ity of (CaHPO $_4$ ·2 $H_2$ O), Ksp, is about  $10^{-6.6}$  (easily soluble in water) (Markich, Brown, & Jeffree, 2001).

In ZPGR beads, the diffractogram data (Fig. 5) showed the presence of peaks associated to zinc phosphate crystals  $(Zn_3(PO_4)_2 \cdot 2H_2O)$  and  $ZnHPO_4$  which come from the interaction between  $Zn^{2+}$  present on the bead surface and  $H_2PO_4^-$  according to the following reactions (2) and (3):

$$3Zn^{2+} + 2H_2PO_4^- + 2H_2O \rightarrow (Zn_3(PO_4)_2 \cdot 2H_2O) + 4H^+$$
 (2)

$$Zn^{2+} + HPO_4^{2-} \rightarrow ZnHPO_4 \tag{3}$$

The development of  $(Zn_3(PO_4)_2 \cdot 2H_2O)$  is promoted because of its low solubility, Ksp, being reported in the order of  $10^{-35}$  (Singh, Doolittle, & Dutta, 2002; Zhang, Chen, Zhang, & Zhang, 2008). In addition,  $(Zn_3(PO_4)_2 \cdot 2H_2O)$  has a coating property which accounts for the layer that is visible to the naked eye on the bead surfaces during the dissolution experiment. This coating property can be responsible for the ZPGR beads low swelling ratio (Fig. 2b). In Sorensen's buffer, the amount of zinc released is very low (Fig. 3b), which accounts for the growth of a low solubility precipitate on the bead surface. The development of this layer may explain the low release of rutin in this dissolution medium (Fig. 1b). In Mc Ilvaine's buffer, the amount of HPO<sub>4</sub><sup>2-</sup> is higher than in Sorensen's, which can favour the development of ZnHPO<sub>4</sub> instead of  $(Zn_3(PO_4)_2 \cdot 2H_2O)$  with no coating properties. It was demonstrated that ZnHPO<sub>4</sub> is more soluble than (Zn<sub>3</sub>(PO<sub>4</sub>)<sub>2</sub>·2H<sub>2</sub>O) with Ksp equal to  $10^{-6.6}$  (Markich et al., 2001). In this case, the development of ZnHPO<sub>4</sub> acts as a pumping effect of zinc ions from the beads and then increases rutin release as CaHPO<sub>4</sub>.

#### 5. Conclusion

Calcium and zinc pectinate beads containing rutin as a model drug were prepared by ionotropic gelation and the impact of the dissolution composition on drug release, swelling behaviour and calcium or zinc release were investigated. Three dissolution media were used in order to imitate the simulated intestinal fluid (pH = 7.3), with phosphate ions (Sorensen's and Mc Ilvaine's buffers) and without phosphate ions (Tris-buffer). Differences in rutin release and swelling behaviour for both CPGR and ZPGR were observed. These differences can be attributed to the bead structure and to the calcium and zinc capacities to set up different pectin networks. The amount of zinc was 0.25 mol/100 g, whereas the amount of calcium was 0.1 mol/100 g. The higher amount of zinc ions came from interaction with less than 4 galacturonic units according to the 'eggbox' model. Therefore, a significant amount of zinc was still present on the bead surface. The structure of CPGR beads seems to be more stable and more flexible allowing a higher swelling ratio. During the dissolution tests, cations diffused from the bead surface and then interacted with the phosphate ions present in the dissolution medium to make a precipitate. It was noted that the nature of this precipitate can affect the dissolution profile according to its physicochemical properties. Indeed development of  $(Zn_3(PO_4)_2 \cdot 2H_2O)$  with a coating property reduces rutin release. On the other hand, development of ZnHPO<sub>4</sub> has the pumping effect of zinc ions coming from the beads. In this case, rutin release is increased.

#### References

Arnot, L. F., Minet, A., Patel, N., Royall, P. G., & Forbes, B. (2004). Solution calorimetry as a tool for investigating drug interaction with intestinal fluid. *Thermochimica Acta*, 419(1–2), 259–266.

Assifaoui, A., Loupiac, C., Chambin, O., & Cayot, P. (2010). Structure of calcium and zinc pectinate films investigated by FTIR spectroscopy. *Carbohydrate Research*, 345(7), 929–933.

Atyabi, F., Majzoob, S., Iman, M., Salehi, M., & Dorkoosh, F. (2005). In vitro evaluation and modification of pectinate gel beads containing trimethyl chitosan, as a

- multi-particulate system for delivery of water-soluble macromolecules to colon. *Carbohydrate Polymers*, *61*(1), 39–51.
- Boni, J. E., Brickl, R. S., & Dressman, J. (2007). Is bicarbonate buffer suitable as a dissolution medium? *Journal of Pharmacy and Pharmacology*, 59(10), 1375–1382.
- Bourgeois, S., Gernet, M., Pradeau, D., Andremont, A., & Fattal, E. (2006). Evaluation of critical formulation parameters influencing the bioactivity of [beta]-lactamases entrapped in pectin beads. *International Journal of Pharmaceutics*, 324(1), 2–9.
- Braccini, I., & Perez, S. (2001). Molecular basis of Ca<sup>2+</sup>-induced gelation in alginates and pectins: The egg-box model revisited. *Biomacromolecules*, 2(4), 1089–1096.
- Capel, F., Nicolai, T., Durand, D., Boulenguer, P., & Langendorff, V. (2006). Calcium and acid induced gelation of (amidated) low methoxyl pectin. Food Hydrocolloids, 20(6), 901–907.
- Chambin, O., Dupuis, G., Champion, D., Voilley, A., & Pourcelot, Y. (2006). Colon-specific drug delivery: Influence of solution reticulation properties upon pectin beads performance. *International Journal of Pharmaceutics*, 321(1–2), 86–93.
- Chan, W. A., Boswell, C. D., & Zhang, Z. (2001). Comparison of the release profiles of a water soluble drug carried by Eudragit-coated capsules in different in-vitro dissolution liquids. *Powder Technology*, 119(1), 26–32.
- Conti, S., Gaisford, S., Buckton, G., & Conte, U. (2006). Solution calorimetry to monitor swelling and dissolution of polymers and polymer blends. *Thermochimica Acta*, 450(1–2), 56–60.
- Deschner, E., Ruperto, J., Wong, G., & Newmark, H. (1991). Quercetin and rutin as inhibitors of azoxymethanol-induced colonic neoplasia. *Carcinogenesis*, 12, 1193–1196
- El-Gibaly, I. (2002). Oral delayed-release system based on Zn-pectinate gel (ZPG) microparticles as an alternative carrier to calcium pectinate beads for colonic drug delivery. *International Journal of Pharmaceutics*, 232(1–2), 199–211.
- Fadda, H. M., & Basit, A. W. (2005). Dissolution of pH responsive formulations in media resembling intestinal fluids: Bicarbonate versus phosphate buffers. *Journal of Drug Delivery Science and Technology*, 15(4), 273–279.
- Fadda, H. M., Merchant, H. A., Arafat, B. T., & Basit, A. W. (2009). Physiological bicarbonate buffers: Stabilisation and use as dissolution media for modified release systems. *International Journal of Pharmaceutics*, 382(1-2), 56-60.
- Fang, Y., Al-Assaf, S., Phillips, G. O., Nishinari, K., Funami, T., & Williams, P. A. (2008). Binding behavior of calcium to polyuronates: Comparison of pectin with alginate. *Carbohydrate Polymers*, 72(2), 334–341.
- Grant, G. T., Morris, E. R., Rees, D. A., Smith, P. J. C., & Tho, D. (1973). Biological interactions between polysaccharides and divalent cations: The egg-box model. FEBS Letters, 32, 195–198.
- Hagesaether, E., Bye, R., & Sande, S. A. (2008). Ex vivo mucoadhesion of different zinc-pectinate hydrogel beads. *International Journal of Pharmaceutics*, 347(1–2),
- Hörter, D., & Dressman, J. B. (2001). Influence of physicochemical properties on dissolution of drugs in the gastrointestinal tract. Advanced Drug Delivery Reviews, 46(1–3), 75–87.
- Ibekwe, V. C., Fadda, H. M., Parsons, G. E., & Basit, A. W. (2006). A comparative in vitro assessment of the drug release performance of pH-responsive polymers for ileocolonic delivery. *International Journal of Pharmaceutics*, 308(1–2), 52–60.
- Khoder, M., Tsapis, N., Domergue-Dupont, V., Gueutin, C., & Fattal, E. (2010). Removal of residual colonic ciprofloxacin in the rat by activated charcoal entrapped within zinc-pectinate beads. European Journal of Pharmaceutical Sciences, 41(2), 281–288

- Kim, W. K., Bang, M. H., Kim, E. S., Kang, N. E., Jung, K. C., Cho, H. J., et al. (2005). Quercetin decreases the expression of ErbB2 and ErbB3 proteins in HT-29 human colon cancer cells. *The Journal of Nutritional Biochemistry*, 16(3), 155-162.
- Marabi, A., Mayor, G., Raemy, A., Bauwens, I., Claude, J., Burbidge, A. S., et al. (2007). Solution calorimetry: A novel perspective into the dissolution process of food powders. Food Research International, 40(10), 1286–1298.
- Markich, S. J., Brown, P. L., & Jeffree, R. A. (2001). Divalent metal accumulation in freshwater bivalves: An inverse relationship with metal phosphate solubility. *Science of the Total Environment*, 275(1–3), 27–41.
- McConnell, E. L., Short, M. D., & Basit, A. W. (2008). An in vivo comparison of intestinal pH and bacteria as physiological trigger mechanisms for colonic targeting in man. *Journal of Controlled Release*, 130(2), 154–160.
- Miyagawa, K., Ogawa, I., & Yamano, H. (1995). Calorimetric measurements on the swelling of seaweed. *Thermochimica Acta*, 257, 75–82.
- Siepmann, J., & Siepmann, F. (2008). Mathematical modeling of drug delivery. *International Journal of Pharmaceutics*, 364(2), 328–343.
- Singh, R., Doolittle, J., & Dutta, P. K. (2002). Aqueous transformations of zincophosphate microporous materials: Influence of framework topology. *Journal* of Physical Chemistry B, 106(9), 2146–2152.
- Sinha, V. R., & Kumria, R. (2001). Polysaccharides in colon-specific drug delivery. International Journal of Pharmaceutics, 224(1–2), 19–38.
- Sriamornsak, P. (1998). Investigation of pectin as a carrier for oral delivery of proteins using calcium pectinate gel beads. *International Journal of Pharmaceutics*, 169(2), 213–220.
- Sriamornsak, P., & Kennedy, R. A. (2007). Effect of drug solubility on release behavior of calcium polysaccharide gel-coated pellets. European Journal of Pharmaceutical Sciences, 32(3), 231–239.
- Sriamornsak, P., & Nunthanid, J. (1998). Calcium pectinate gel beads for controlled release drug delivery. I. Preparation and in vitro release studies. *International Journal of Pharmaceutics*, 160(2), 207–212.
- Tas, A. C., & Bhaduri, S. B. (2004). Chemical Processing of CaHPO<sub>4</sub>·2H<sub>2</sub>O. Journal of American Ceramic Society, 87(12), 2195–2200.
- Vandamme, T. F., Lenourry, A., Charrueau, C., & Chaumeil, J.-C. (2002). The use of polysaccharides to target drugs to the colon. *Carbohydrate Polymers*, 48(3), 219–231.
- Vertzoni, M., Symillides, M., Iliadis, A., Nicolaides, E., & Reppas, C. (2003). Comparison of simulated cumulative drug versus time data sets with indices. European Journal of Pharmaceutics and Biopharmaceutics, 56(3), 421-428.
- Wellner, N., Kacuráková, M., Malovíková, A., Wilson, R. H., & Belton, P. S. (1998). FI-IR study of pectate and pectinate gels formed by divalent cations. *Carbohydrate Research*, 308(1–2), 123–131.
- Yang, L., Chu, J. S., & Fix, J. A. (2002). Colon-specific drug delivery: New approaches and in vitro/in vivo evaluation. *International Journal of Pharmaceutics*, 235(1–2), 1–15.
- Yapo, B. M. (2009). Pectin quantity, composition and physicochemical behaviour as influenced by the purification process. Food Research International, 42(8), 1197–1202.
- Zhang, S.-L., Chen, H.-H., Zhang, X.-L., & Zhang, M.-M. (2008). The growth of zinc phosphate coatings on 6061-Al alloy. Surface and Coatings Technology, 202(9), 1674–1680